

My soul rests in
God alone. My
salvation is from
him. Psalm 62:1



He who dwells in
the secret place of
the Most High will
rest in the shadow
of the Almighty.
Psalm 91:1



Return to your rest,
my soul, for the
LORD has been
good to you.
Psalm 116:7



The fear of the LORD
leads to life, then
contentment; he
rests and will not be
touched by trouble.
Proverbs 19:23

My people will live in
a peaceful habitation,
in safe dwellings, and
in quiet resting
places... Isaiah 32:18



"Come to me, all you who labor
and are heavily burdened, and I
will give you rest. Take my yoke
upon you and learn from me, for I
am gentle and humble in heart;
and you will find rest for
your souls." Matt. 11:28-29



Surely I have stilled
and quieted my soul,
like a weaned child
with his mother, like
a weaned child is my
soul within me.
Psalm 131:2



The work of
righteousness will be
peace, and the effect of
righteousness, quietness
and confidence forever.
Isaiah 32:17





...Make it your ambition to lead a quiet life, and to do your own business, and to work with your own hands, even as we instructed you... 1 Thess. 4:11



In peace I will both lay myself down and sleep, for you, LORD alone, make me live in safety. Psalm 4:8

It is vain for you to rise up early, to stay up late, eating the bread of toil, for he gives sleep to his loved ones. Psalm 127:2



Keep sound wisdom and discretion: so they will be life to your soul... Then you shall walk in your way securely. When you lie down, you will not be afraid. Yes, you will lie down, and your sleep will be sweet.

From Proverbs 3:21-24



...Keep your father's commandment. When you walk, it will lead you. When you sleep, it will watch over you. When you awake, it will talk with you.

Proverbs 6:20a, 22



The LORD will give strength to his people. The LORD will bless his people with peace. Psalm 29:11



Peace I leave with you. My peace I give to you; not as the world gives, I give to you. Don't let your heart be troubled, neither let it be fearful.

John 14:27



So then, let's follow after things which make for peace, and things by which we may build one another up. Romans 14:19

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REST AND PEACE

He who dwells in the secret place of the Most High will rest in the shadow of the Almighty. Psalm 91:1

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